



JANUARY ROUND UP

Petaholics visit our Infant Classes

On Tuesday 21st January we were lucky to have a visit from Steve and a number of animals from Petaholics. The children got to meet and hold/touch hamsters, a snake, a bearded dragon, a millipede and a very large rabbit.

The children learnt about how to care of pets and how important it is that they are provided with the correct enclosure, given the correct food and exercise.

It was lovely to have Petaholics in especially for Panda class as their home corner this term is the vets!



INSIDE THIS ISSUE

School Attendance	2
Mental Health workshop.....	3
Humanist visit.....	3
WW2 talk.....	3
AIM High writing day.....	3
New devises.....	4
Anti Idling.....	5 –6
Wrap around care.....	6
Payments to school....	6
Infant Agility.....	7
FoLS	8
Useful reminders	9

Kent Family Hubs

Kent Family Hubs would like to understand whether Kent residents are aware of the new Family Hubs offer that has been launched recently.

As such, they would like to hear from all parents and carers about whether they have heard of Family Hubs, whether they have used them and if they would recommend them.

You don't need to have used Family Hubs or know what Family Hubs are to take part in this survey and could win a £50 voucher by taking part.

Parents and carers can take part at the following link

<https://letstalk.kent.gov.uk/family-hubs-awareness-survey>

WEEK ENDING FRIDAY 6TH DECEMBER

Panda Class 94.48%
Elephant Class 92.41%
Giraffe Class 95.00%
Lion Class 97.5%
Koala Class 95.33%
Tiger Class 95.71%
Zebra Class 91.48%

WEEK ENDING FRIDAY 13TH DECEMBER

Panda Class 96.21%
Elephant Class 91.07%
Giraffe Class 87.33%
Lion Class 93.93%
Koala Class 90.67%
Tiger Class 97.14%
Zebra Class 94.44%

WEEK ENDING FRIDAY 20TH DECEMBER

Panda Class 96.9%
Elephant Class 88.57%
Giraffe Class 95.00%
Lion Class 87.14%
Koala Class 96.00%
Tiger Class 91.79%
Zebra Class 91.11%

WEEK ENDING FRIDAY 10TH JANUARY

Panda Class 98.25%
Elephant Class 96.43%
Giraffe Class 98.67%
Lion Class 90.36%
Koala Class 92.33%
Tiger Class 100%
Zebra Class 98.89%

WEEK ENDING FRIDAY 17TH JANUARY

Panda Class 97.92%
Elephant Class 91.07%
Giraffe Class 99.67%
Lion Class 94.29%
Koala Class 96.00%
Tiger Class 98.21%
Zebra Class 99.26%

**CLASS WEEKLY
ATTENDANCE
RESULTS**



**Whole School
Attendance Target
97%**

**Whole School
Attendance This
Week
92.75%**

**Whole School
Attendance This
Year
94.99%**

Mental Health Workshops:

Since the beginning of Spring Term we have had Kelly from the Emotional Wellbeing Team deliver workshops to Key Stage 2 as well as individual classes. Please ask your children about them and we really hope they find them useful in dealing with issues and resilience as well.

Alongside this as you may be aware the school has been part of the Nurture UK programme, and Ms Beckett and Miss Graves have been leading this in school. We are near the end of the 18 month project and will keep you all posted when we gain our well deserved accreditation.

WW2 Talk Koala Class

On Thursday 16th January Koala Class were joined via Zoom by Mr McKenzie, who was an air raid warden in World War Two.



He spoke to us all about WW2, the blackouts, the blitz, air raid wardens, gas masks and bomb handling.

Also, he gave us a German perspective using his family history; sharing with us how it felt to live in Germany during the war.

The children listened beautifully, showed great participation and asked great questions. Well done Koala Class!

Zebra Class Humanist visit

As part of their RE unit this term, Zebra Class were visited by Luke Donnellon from Understanding Humanism. He spoke to the class about what humanists believe and how they try to do good although they do not believe in God.



AIM High Writing Day

On the 15th January a number of children from Lion and Koala Classes went to Ryarsh School for a writing day. They met the author Sam Gayton and created story openers using when, how, what and who. In the afternoon they looked at McGuffin's which are things that the characters are desperate for in most stories. They then also created Zines which are small comic like books about something of interest.

New devices for Christmas? How to keep children safe

Some of our children may be lucky enough to receive new devices, games consoles and phones for Christmas. Most others will have access to an internet-enabled device, in one way or another and we want to ensure that everyone in our school community stays safe, online and beyond.

We encourage the positive use of technology at school and often talk about the fun of going online, but we also discuss the scary things that can happen too. So, if your child is getting a new device or will be accessing a shared/existing device, have a think about the following, ideally before they access the device/s:

- Have you set up parental controls on your broadband connection to limit access to inappropriate content?
- Have you set up parental controls on the actual device (phone/tablet/laptop/watch etc.)?
- Have you set up controls on the apps/games your child is going to access?
- Have you spoken to your child about any agreed boundaries? E.g. screen time limits, what sites/apps/games to access (or not), where to leave devices at night, screen-free times of the day etc.
- Have you spoken to your child about what they do online, so you can better understand their online activity and any potential risks, and help them accordingly?
- Have you spoken to your child about what they can do if they see anything online that worries or upsets them?
- Are the games, TV series and films (including on Netflix/Disney+/AppleTV etc.) that your child will access, appropriate for their age? All of these have age ratings linked to their content, not their difficulty. Common Sense Media ([commonsensemedia.org](https://www.commonsensemedia.org)) can help you to know which games/apps/TV programmes are appropriate for your child.

If you need support with any of the above, have a look at www.parentsafe.lgfl.net or <https://www.lunsford.kent.sch.uk/online-safety-1/> for lots of advice and support, including advice about parental controls.

Remember, many children experience harm online as a result of being naturally curious or sociable, or as a result of what other people do or say to them. Consequently, all children can be at risk, and so it is important that we are proactive about the above safety tips for all children.

Anti idling facts

The average car engine stays warm for up to an hour after being switched off.

A car will fill 150 balloons of pollution per min or 4,500 in 30 mins when running with the car engine on while stationary / parked up.



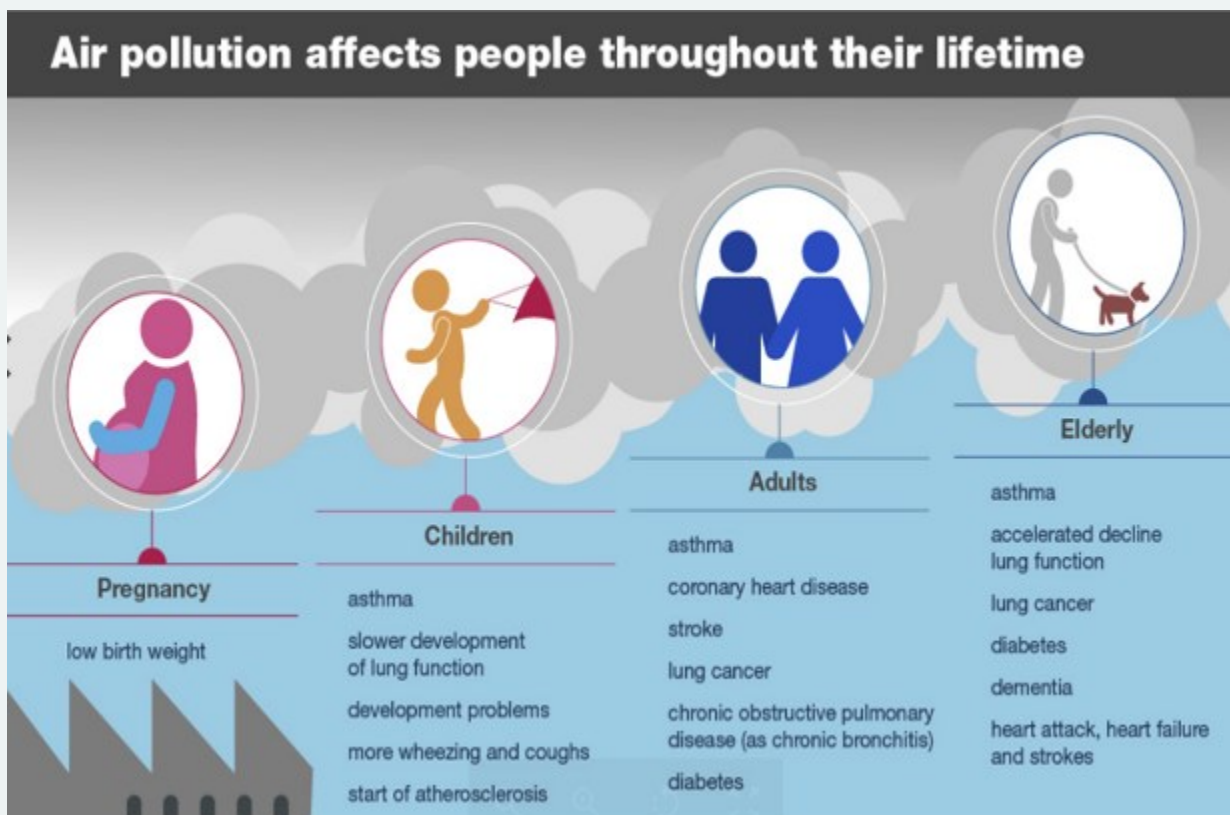
Air pollution within 1 meter of the ground is 60% more concentrated than 1m above ground level on average of the ground

Air pollution increases in concentration and hangs around for longer during cooler weather conditions.

Affects on health from car exhausts.

Carbon Monoxide (CO) - CO reduces the ability of blood to carry oxygen and can cause headaches, respiratory problems.

Oxides of Nitrogen (NOx) - react with hydrocarbons to produce low level ozone which can cause inflammation of the airways, reduced lung function and trigger asthma, and also contribute to the formation of particulate matter. It has also been shown to reduce the lung capacity of children permanently.



Anti idling cont'd.....



Turning up earlier than necessary harms :

- your children's health from **breathing increased pollution from leaving your engine running.**
- your children's friends health from **breathing increased pollution from leaving your engine running.**
- other parents health who walk past to meet their child from the school gate **breathing increased pollution from leaving your engine running.**
- the health of the residents you are parked outside from **breathing increased pollution from leaving your engine running.**

What you can do to help

- Switch off your car engine when waiting.
- Take a warmer coat or jumper to put on.
- Listen to music on your phone if worried about draining the car battery.
- Periodically have just the fan working to blow air into the car without the engine running if you start to feel cold. Engines can keep warm for up to 1 hour.
- Walk to pick up your children if possible
- Don't turn up early just to get a space close to the school gate.

Learn about air pollution from pollutionpatrol.org.uk [Home - Pollution Patrol](#)

Sign up to air pollution forecast email alerts at [Kent and Medway Air Quality](#)

Payments to School

Please note—From January 2025 the school will no longer be accepting cash payments. All payments will need to be made through your ARBOR accounts or with your bank card at the office.

Does your child attend wrap around care?

As part of our the wrap around care's duty of care, it's crucial that they have the most current details about each child's medical needs, allergies, or any other health-related conditions. Additionally, they need to be informed about any changes to the list of individuals authorised to collect the children.

Please note, they do not have access to the school's records or medications, so it is vital that families keep them informed of any updates or changes as they occur, ensuring the safety and well-being of the children in their care.



IMPACT AT LUNSFORD

Infant Agility Competition

Impact had the pleasure of taking a team from Lunsford to the Infant Agility Competition last week.

They took away the SILVER medal!

Massive congratulations to every one of them. They truly blew everyone away with their incredible energy, teamwork, and determination. Despite their young age, they demonstrated exceptional coordination and focus, navigating the course but also their behaviour and sportsmanship was delightful to see. It was inspiring to watch such young competitors show not only skill but also resilience, encouraging one another through each challenge. They showcased their school with pride!

This team's performance was a reminder of the power of teamwork, positivity, and hard work, leaving everyone excited to see what they'll achieve next!

"COME ON LUNSFORD, BRING ON THE NEXT ONE!"

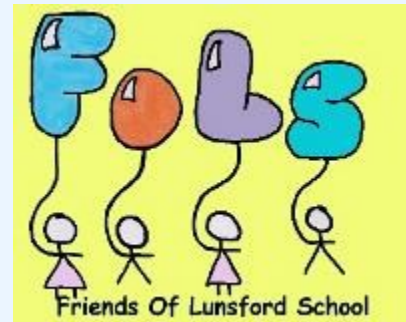
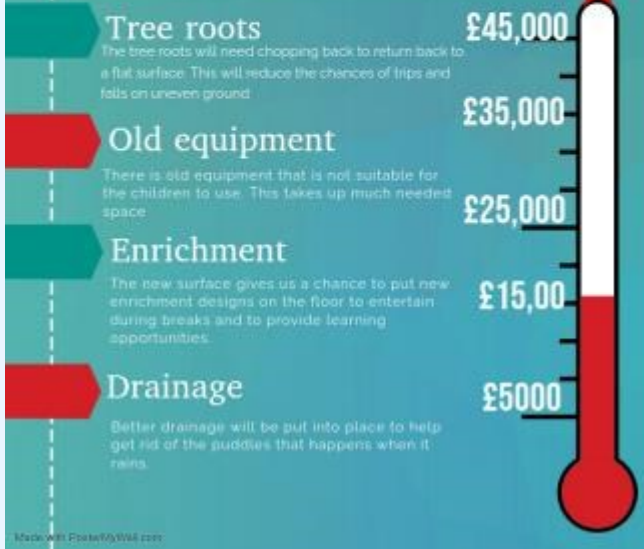
Easter Camp

We are proud to announce IMPACT are hosting another Easter Camp. Further details will be sent out soon. Bookings are available on our website!

www.impactsportsclubs.co.uk

WHY DONATE TO REACH OUR GOAL?

What will be done?



If you can help us with our Junior Playground Refurbishment appeal, please contact us on fols2016@outlook.com



USEFUL INFORMATION

PARKING



To ensure that all children arrive in school safe and well please park considerately and safely. If at all possible park a little way away and walk in. No parking within the school grounds at any time, without permission.



NO

SMOKING

Do not forget this is a smoke free site, and that also includes no vaping.

DOGS



Please do not bring dogs onto the school site (this includes the driveway), as we have children who become distressed when they are near a dog.

OFFICE HOURS

8.15am - 4.00pm

In case of emergency a message can be left on 01732 843352



SCHOOL OPENING HOURS



In the mornings the school grounds are open to parents and children from 8.20am

In the afternoon the school grounds are open from 2.50pm

We ask that all parents adhere to these time for the safety of the children.

MEDICAL APPOINTMENTS

Please notify the school in writing at least 24 hours in advance if your child has a medical or dental appointment and is likely to return to school part way through the day, so that we can provide you with a pupil pass. If your child will miss morning registration and requires a school dinner on that day, you will need to let the office know in advance so that a dinner can be pre-ordered.

If at all possible please arrange medical appointments outside of school hours.

Lunsford Primary School

Swallow Road
Larkfield
Aylesford
Kent ME20 6PY

Phone: 01732 843352
E-mail: office@lunsford.kent.sch.uk



Stay well

Guide to help you choose the right service for you and your NHS



Self-care

Hangover.
Cough. Colds.
Grazes. Small cuts.
Sore throat.



Self-care is the best choice to treat minor illnesses and injuries.

A large range of common illnesses and injuries can be treated at home simply with over-the-counter medicines and plenty of rest.

Pharmacy

Diarrhoea. Earache.
Painful cough.
Sticky eye.
Teething. Rashes.



Pharmacists advise and treat a range of symptoms. This can avoid unnecessary trips to your GP or A&E department, and save time.

No appointment is needed and most pharmacies have private consulting areas.

GP

Arthritis. Asthma.
Back pain.
Vomiting.
Stomach ache.



GPs and nurses have an excellent understanding of general health issues and can deal with a whole range of health problems.

Minor Injuries

Cuts. Sprains.
Strain. Bruises.
Itchy rash.
Minor burns.



Minor Injuries Units, Walk-in Centres and Urgent Care Centres provide non-urgent services for a range of conditions.

They are usually led by nurses and an appointment is not necessary.

A&E/999

Severe bleeding.
Breathing difficulties.
Severe chest pain.
Loss of consciousness.



A&E or 999 are best used in an emergency for serious or life-threatening situations.

NHS 111

If you're feeling unwell, unsure or if you want health advice and guidance for non-life threatening emergencies call NHS 111.



24 hours a day
7 days a week

NHS Choices

You can also access health advice and guidance or find your nearest service online through NHS Choices.



Visit www.nhs.uk