## **SEN** interventions – home learning alternatives

Please use the following home learning activity ideas to support your child with any additional needs they may have. You will know if your child was receiving additional support in school following the recent parent consultation evening in March and if you received a personalised plan or intervention letter before school closures. If you would like any specific ideas regarding how your child can be supported at home whilst school is closed, please contact either your class teacher or Mrs Davies (Special Needs Co-ordinator) through the Dojo system.

All ideas in *italic font* in this document are downloadable files that have been saved to the SEN Home Learning section of the school website which can be located at <a href="https://www.lunsford.kent.sch.uk">www.lunsford.kent.sch.uk</a>.

| Intervention                              | Focus   | Home learning activities  |  |  |
|---|---|---|--|--|
| Communication and Interaction Need        | Communication and Interaction Needs   |   |  |  |
| Speech & language programme               | Development of expressive and receptive language skills (see your child's programme for specific targets) | <ul> <li>Use the Auditory Memory Games ideas to practise listening and auditory memory.</li> <li>Use the Conversation Practise Game / Conversation Cards to practise good conversation skills</li> <li>Use Question cards for conversation practice to practise verbal reasoning skills (you can adapt/make your own)</li> <li>Use What am I guessing game cards to develop questioning and thinking skills (you can adapt/make your own)</li> <li>Further speech and language activities are available using the Language Link parent portal: <a href="https://speechandlanguage.info/parents">https://speechandlanguage.info/parents</a></li> </ul> |  |  |
| Vocabulary support (aka. Pre-teach vocab) | Learning new vocabulary   | - Use the Learning New Vocabulary powerpoint to develop techniques to learn vocabulary - You can access free vocabulary activities and games at Twinkl: https://www.twinkl.co.uk/resources/specialeducationalneeds-sen-speech-language-therapy/specialeducationalneeds-sen-speech-language-therapy-language/specialeducationalneeds-speech-language-therapy-word-order-vocabulary   |  |  |
| Lego therapy                              | Listening skills Communication skills   | - Use the Brick Building Group Information Sheet / Lego Therapy<br>Sentence Strips / Lego Therapy Useful Instruction Words to find out  |  |  |

| Social skills                | Friendship skills<br>Understand 'social rules' for behaviour                 | how you continue to provide support through the use of Lego/construction kits  - Use the Building Bricks Rainbow activity to continue any art work you've been creating at home  - 'Social Detectives' – Use the Social Detectives sheet to talk about how using what we see, hear and feel helps us to understand a situation  - Use the 'Good Friend Sorting Cards' to support discussion about friendship skills  - Search 'social skills' on Pinterest for more ideas to develop social                  |
|------------------------------|--|--|
|                              |  | skills at home   |
| Cognition and Learning Needs |  |  |
| Handwriting practise         | Correct formation of letters Developing speed and fluency                    | <ul> <li>Use Handwriting warm-up exercise to support fine motor activities to improve handwriting</li> <li>Use the Letter formation practise sheet to support your child to correctly form their letters, then build up to writing neat words (this can be linked to spelling practise also)</li> </ul>  |
| 1:1 reading                  | Developing fluency when reading Understand and talk about what has been read | <ul> <li>Try to read daily with your child</li> <li>Use the Reading skills questions to develop understanding of the text you are reading</li> <li>Remember it is important for them to listen to texts too – have story time as a family/listen to audiobooks</li> </ul>  |
| Personalised maths           | Development of key numeracy skills   | <ul> <li>Use the Playing number games with your child for ideas of simple number games to can be used to support</li> <li>See Helping your child with number for ideas</li> <li>Play the Doubles board game to practise doubling skills (this could be adapted to more challenging numbers if required)</li> <li>Use the Number Bonds to 10 Beanstalk Activity to practise quick recall of number bonds (this could be adapted to more challenging numbers if required e.g. bonds to 20, 50, 100)</li> </ul> |

|  |  | <ul> <li>Use the Place Value Board Game to develop place value skills</li> <li>Online maths activities at:</li> <li><a href="https://www.doorwayonline.org.uk/number/">https://www.doorwayonline.org.uk/number/</a></li> </ul>  |
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| Personalised English                       | Development of key literacy skills   | <ul> <li>Use the Story Wheel activity to develop understanding of events after reading a short story together</li> <li>Use the Story settings description activity to develop setting descriptions (children could draw their own ideas)</li> <li>Use Simple Sentence Scramble Activity for your child to re-order sentences (this could be adapted)</li> <li>Online Literacy activities at:         https://www.doorwayonline.org.uk/literacy/     </li> <li>Search 'writing activities' at <a href="https://www.twinkl.co.uk/">https://www.twinkl.co.uk/</a> for more year group specific writing activities</li> </ul> |
| Phonics                                    | Recognise sounds (in each target phase) Read words containing target sounds Spell words containing target sounds | - Play free phonics games at  https://www.phonicsplay.co.uk/index.htm#  - Parents can use the <i>Phonics glossary</i> to help understand some of the key terms  - Search 'phonics' at https://www.twinkl.co.uk/ for more year group specific phonics activities   |
| Nessy                                      | Online phonics programme (see above for phonics focus)   | - You can continue to access the Nessy website for your child at <a href="https://www.nessy.com/uk/">https://www.nessy.com/uk/</a> If you child is registered at school you will have been sent an email with the log in details. If you are not registered with school, you can sign up for free.  |
| Spelling support (aka. Precision Teaching) | Spell High Frequency Words   | <ul> <li>Use the Practising Spelling at Home and the Spelling Challenge Cards for different multi-sensory ideas to learn words</li> <li>Use the 100 High Frequency Words List/Snake and Ladders HFW board game to learn the most common words</li> <li>Use the 100 High Frequency Words handwriting sheets to practise spelling and handwriting skills</li> </ul>   |

| Memory skills                                | Develop visual/auditory memory                                    | <ul> <li>Use the Memory Game Ideas bank to practise listening and auditory memory as well as visual memory</li> <li>Play online memory games at <a href="https://www.learninggamesforkids.com/memory-games.html">https://www.learninggamesforkids.com/memory-games.html</a></li> </ul> |
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| Social, Emotional and Mental H Forest School | Team work and communication                                       | - Gardening at home; learning about the plants and how to care for   |
| Torest seriosi                               | Exploring outside world   | them   |
|  | Development of self-esteem  | - Complete a Senses scavenger hunt in your garden  |
|  | ·   | - Use the <i>Outdoor Maths challenge cards</i> to develop maths skills in the natural world  |
|  |   | - Create mud paint using the <i>mud paint recipe</i> / create natural paint brushes using <i>DIY natural paintbrushes</i> activity   |
|  |   | - Create a natural jewellery using the <i>Leaf Necklace Activity for ideas</i>   |
|  |   | - Build a bug hotel. For ideas visit: <a href="https://www.rspb.org.uk/get-involved/activities/give-nature-a-home-in-your-garden/garden-">https://www.rspb.org.uk/get-involved/activities/give-nature-a-home-in-your-garden/garden-</a>  |
|  |   | activities/build-a-bug-hotel/ Or   |
|  |   | https://gardentherapy.ca/build-a-bug-hotel/  |
|  |   | - Visit the woodland trust for more outdoor activities:  |
|  |   | https://www.woodlandtrust.org.uk/blog/2019/04/rainy-day-   |
|  |   | activities-kids/   |
| Self-esteem programmes                       | Describe things I'm good at  Develop positive qualities in myself | - Use the <i>I am an amazing person</i> activity to support your child to focus on their positive attributes   |
|  | Totalop positive qualities in injecti                             | - Use the Self-Praise Jar activity to create your own self-praise jar  |
|  |   | for your child to celebrate their qualities and talents  |
|  |   | - For more ideas to develop self-esteem visit  |
|  |   | https://www.kidsplayandcreate.com/self-esteem-character-   |
|  |   | building-activities-for-kids/  |
|  |   | - Remember to visit <a href="https://youngminds.org.uk/">https://youngminds.org.uk/</a> for further  |
|  |   | support  |

| Emotional regulation support | Understand and recognise emotional states Develop strategies to calm and regulate               | <ul> <li>Use Emotions Face Discussion Cards to discuss different emotions and how to recognise them/when they might be experienced</li> <li>Use the Ways to calm down cards to create your own calm down kit. Use the blank one to come with some of your own suggestions.</li> <li>Use the Mindfulness Challenge cards to help find ways to be mindful/calm</li> <li>Use the My Main Worries and Coping Strategies ideas to support your child manage their fears/anxiety at this time.</li> <li>Use the Worry Box Instructions to set up a worry box at home to encourage your child to share their concerns and support them to develop healthy coping strategies</li> <li>Use the How anxiety affects my body/ Stages of anger to support children to learn about how to recognise their feelings</li> </ul> |
|------------------------------|---|--|
| Social skills                | Turn taking skills Communication Resilience (e.g. losing games)                                 | <ul> <li>Play a range of board games as a family</li> <li>There are some printable templates if needed: Four in a row games/ rules, Snakes and Ladders, Guess Who</li> </ul>   |
| Sensory and Physical Needs   |   |  |
| Typing practise              | Locate letters on a standard keyboard at speed  | - Typing practise at <a href="https://www.doorwayonline.org.uk/activities/text-type/text-type.html">https://www.doorwayonline.org.uk/activities/text-type/text-type.html</a> - Further online typing practise at: <a href="https://www.typingclub.com/">https://www.typingclub.com/</a> or BBC dance mat typing <a href="https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr">https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr</a>  |
| Clever Fingers               | Strengthen finger muscles to improve pencil grip & handwriting Development of fine motor skills | <ul> <li>Use the Clever fingers home intervention ideas to find different activities from the programme you can do at home</li> <li>Make your own fiddle toy (use How to make your own fiddle toy) or search DIY fiddle toy on Pinterest for more ideas.</li> <li>Complete dot to dots</li> <li>See handwriting activities in the cognition and learning section (see above)</li> </ul>  |

| Sensory breaks | Sensory regulation | - Use Movement Break Visual cards for movement break ideas         |
|----------------|--------------------|--|
|                |                    | - Read our Sensory Circuit Parent Booklet for more information and |
|                |                    | ideas of activities to set up at home                              |
|                |                    | - Use <i>Gross Motor Activity cards</i> to develop body control    |
|                |                    | - Make your own sensory bottle using Calming Glitter Sensory       |
|                |                    | Bottle or search sensory bottle ideas on Pinterest                 |