

**D**o you like to play outside in the snow? I do. But you have to make sure to stay warm. Here are some ways I stay warm in the winter.

Before I go outside, I put on long underwear. It covers my arms and legs. It keeps me warm. Next I put on a shirt, a jumper, and trousers. I wear **wool** socks. Finally I put on a warm coat. I put on a hat and gloves. I put boots on my feet. All these **layers** keep me very warm.

Another way to stay warm outside is by moving. If you stand still, you will feel cold. I like to go sledding down a big hill. I pull my sled up to the top of the hill. Then I get on the sled. I **zip** down to the bottom. I climb up the hill and sled down many times. All this moving around keeps me warm.

My favourite way to stay warm is to drink hot chocolate. My dad makes it for me. He heats up the

milk on the stove. Then he stirs in the chocolate. He puts whipped cream on top. When I drink the hot chocolate, I feel warm inside.



## Staying Warm

### Comprehension Questions

19B

- This story is mostly about how to
  - make hot chocolate.
  - play in the snow.
  - stay warm in winter.
- Sledding keeps you warm because
  - you glide over the snow.
  - you are moving.
  - you lie flat on the sled.
- In this story, the word **layers** means
  - sheets of clothing.
  - long underwear.
  - cold temperatures.
- What happens when you drink hot chocolate?
  - It makes you feel warm.
  - It tastes salty.
  - It makes you hungry.
- What activity keeps you warm in winter?
  - standing on a snow bank
  - sitting on a bench
  - ice skating