



## Vision for the Primary PE and Sport Premium

ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport

The funding has been provided to ensure impact against the following **OBJECTIVE**:

To achieve self-sustaining improvement

# Lunsford Primary School: Evidencing the Impact of Primary PE and Sport Premium 2017-2018



Revised September 2016 **Developed by**

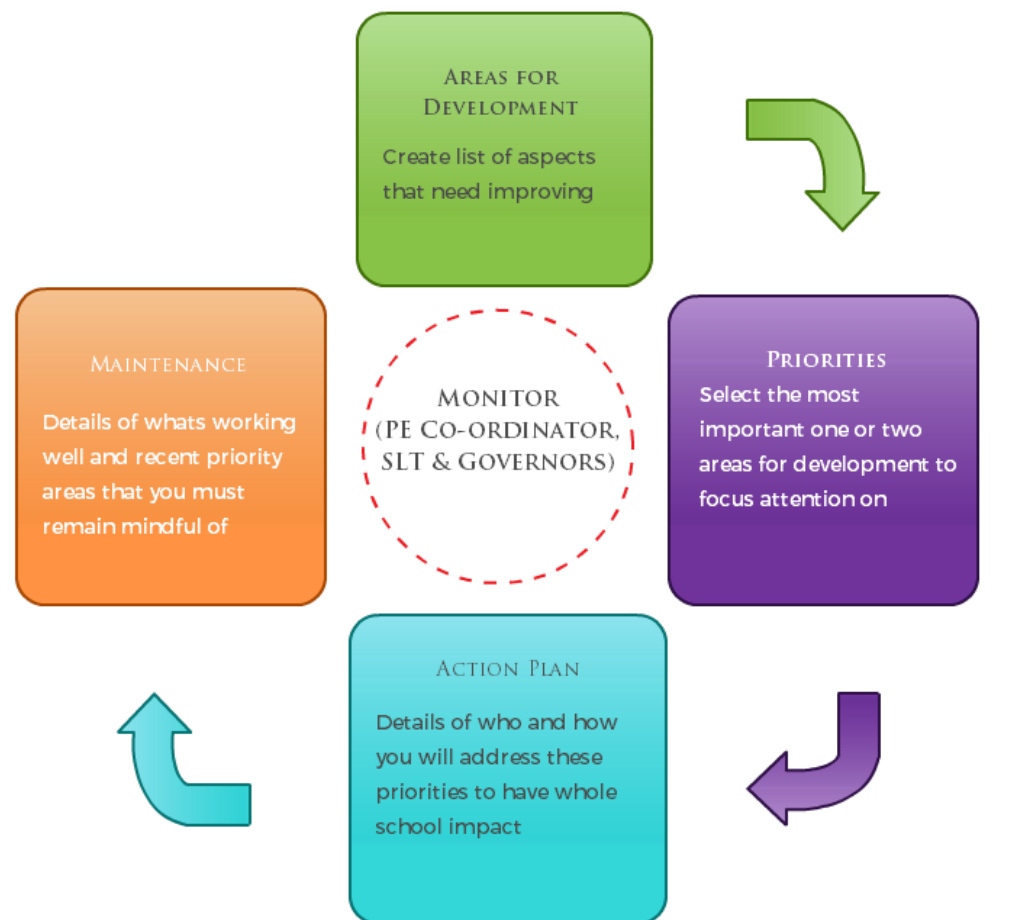


Schools must include the following:

- how much PE and sport premium funding you received for this academic year
- a full breakdown of how you've spent or will spend the funding this year
- the effect of the premium on pupils' PE and sport participation and attainment
- how you will make sure these improvements are sustainable

Improvements should enhance, rather than maintain existing provision. For example, where schools are using their funding to employ specialist coaches, these should be deployed alongside class teachers rather than displacing them, in order for their impact to be sustainable and to enable the upskilling of existing teachers.

Primary PE and Sport premium planning and actions should show how use of funding contributes to this vision through identified school priorities which can be measured through reference to key outcome indicators. It is important that the main drivers for improvement are those identified by the school through their self-review. Each school should aim to achieve the following objective:





# *LUNSFORD PRIMARY SCHOOL*

## SPORTS PREMIUM GRANT EXPENDITURE REPORT AND ACTION PLAN

2017-2018

*A Journey of Success and Excellence*



### **Physical Education and Sport at Lunsford**

We believe that P.E. is an integral part of the curriculum, allowing children to experience various sporting activities and competing at different levels and abilities both in and outside school. All pupils have at least two hours plus P.E. per week. We encourage all children to participate in all lessons and events and offer a varied range of activities to suit all abilities. Lunsford Primary School offers a large number of after school sporting activities which are open to all children and our sports teams have had success at a local and county level.

In 2016 we were awarded the Bronze Sports Mark.

In 2017 we were awarded the Silver Sports Mark and in 2018 we are aiming to achieve the Gold Sports Mark.

**Early Years** - PE is a very important part of learning and children become more confident using gross motor skills. By the end of their time in Reception class, they will have good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. Children will be able to use various pieces of apparatus. Pupils have 1 taught PE lesson inside focusing on dance or gymnastics. Pupils have continual access to large climbing equipment, bikes scooters, balls, and large building blocks.

**KS1** - We encourage and motivate all children to participate during the sessions and we offer a broad curriculum to enable all children to feel motivated and comfortable in all areas of P.E. These including dance, gymnastics, ball skills and a continuation focus on coordination and teamwork. All pupils are assessed regularly.

**KS2** - KS2 pupils follow an annual cycle which ensures they have 1 hour of dance or gymnastics and 1 hour of field sports or swimming. Swimming is taught to pupils in Year 3 and in Year 6 at Larkfield Leisure Centre and children receive swimming awards depending on their progress during these lessons. KS2 pupils have wider opportunities to attend competitive events and tournaments outside school. The school has a very good relationship with the Tonbridge and Malling Partnership who provide us with an events calendar and competitions.



**OBJECTIVE:** To achieve self-sustaining improvement in the quality of PE and sport in primary schools.

#### HOW LUNSFORD PRIMARY SCHOOL USE THE PRIMARY PE AND SPORT PREMIUM 2017-2018

Lunsford Primary School will use the funding to make additional and sustainable improvements to the quality of PE and sport we offer.

This means that in 2017-2018 Lunsford Primary School will use the premium to:

- develop or add to the PE and sport activities that the school already offers – this will include before and after school clubs as well as the curriculum
- make improvements now that will benefit pupils joining the school in future years.  
For example, advice and good practice identifies that can use your funding to:
- hire qualified sports coaches to work with teachers as we do through PASS and with the PE specialist Chris Dickinson
- provide existing staff with training or resources to help them teach PE and sport more effectively (please refer to the training and resources PASS provide)
- introduce new sports or activities and encourage more pupils to take up sport
- support and involve the least active children by running or extending school sports clubs, holiday clubs and [Change4Life](#) clubs
- run sport competitions
- increase pupils' participation in the [School Games](#)
- run sports activities with other schools

At Lunsford we do **not** use the funding to:

- employ coaches or specialist teachers to cover [planning preparation and assessment \(PPA\)](#) arrangements - these come out of our core staffing budgets
- teach the minimum requirements of [the national curriculum](#) – including those specified for swimming.

Guidance on the primary PE and sport premium can be found at [gov.uk](#). Annex 1 – Primary PE and Sport premium – Online reporting template



### Objectives of Sports Premium Grant 2017-2018

We have received £18100 via the PE and Sports Grant to fund improvements to the provision of PE and sport, for the benefit of pupils aged 5-11 years old, so that all pupils develop healthy lifestyles. We identified that although as a school we provided a good range of sports provision we were not providing opportunities for other outdoor activities. We therefore have decided to use the funding to support Physical Exercise through Forest School. Forest School is run twice a week by a qualified professional who supports the children's physical development and engagement with healthy lifestyles by providing opportunities for the children to test their own boundaries and physical capabilities while developing new skills. Activities include: tree climbing, shelter building, using tools, woodland art and exploring pupil's place in nature. The ethos of Forest School allows each session to support individual children's needs which in turn gives them a sense of well being and belonging which has led to children being more confident in having a go in class. The element of risk taking afforded by Forest School has meant that children are making healthier behaviour choices in the playground. Alongside introducing and developing Forest Skills we continue to employ a PE specialist teacher to work in Years R – 6, working alongside a class teacher. This has helped improve the quality of PE being delivered to children short term and upskills staff to be more confident and literate in delivering effective PE lessons

Sports Premium Grant received	
Total number of pupils on roll	210
Total amount of Sports Premium Grant received	£18100
Amount spent on Sports Premium Projects (projected for 2017-2018)	£ 19802*
	*plus on costs for Forest School practitioner



**SECTION 1A – EVALUATION OF IMPACT/LEARNING TO DATE**

Name of school: Lunsford Primary School

Academic: Mr Anscombe / Mrs Abbott

In previous years, have you completed a self-review of PE, physical activity and school sport? Yes

Have you completed a PE, physical activity and sport action plan/ plan for the Primary PE and Sport Premium spend? Yes

Is PE, physical activity and sport, reflective of your school development plan? Yes

Are your PE and sport premium spend and priorities included on your school website? Yes



**SECTION 1B – SWIMMING AND WATER SAFETY self rescue focus.**

Swimming is an important skill and can encourage a healthy and active lifestyle. All Local Authority schools must provide swimming instruction either in key stage 1 or key stage 2. The [programme of study for PE](#) sets out the expectation that pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

<i>Swimming and Water Safety 2016-2017</i>	<i>Please fill out all of the below:</i>
<ul style="list-style-type: none"> <li>• What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?</li> </ul>	93%
<ul style="list-style-type: none"> <li>• What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?</li> </ul>	90%
<ul style="list-style-type: none"> <li>• What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?</li> </ul>	90%
<ul style="list-style-type: none"> <li>• Schools can choose to use the primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</li> </ul>	No





**Vision:** ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

**Objective:** To achieve **self-sustaining** improvement in the quality of PE and sport in primary schools against 5 key indicators:

- the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
- the profile of PE and sport being raised across the school as a tool for whole school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

## SECTION 2 – REFLECTION: WHAT HAVE WE ACHIEVED AND WHERE NEXT? 2016/ 2017

Key priorities to date	Key Achievements/ What worked well	Key Learning/what will change next year
To work with KS1 teachers to improve their understanding and delivery of Physical Education	PASS PE specialist worked with each KS1 teachers to demonstrate and observe teaching of PE lessons.	<p>Each teacher received 45mins a week of sports specialist lead PE lessons. School has access to all KS1 PE schemes of work Teachers were observed and given feedback to aid upskilling and understanding throughout the year</p> <p>Next year- Due to a high staff turnover and a number of members of staff changing year groups we are continuing to develop staff through sports specialist led PE sessions. They will continue to display the content from the PASS schemes of</p>

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		work and conduct further observations to monitor the understanding from teachers.
To work with KS2 teachers to improve their understanding and delivery of Physical Education	PASS PE specialist worked with each KS2 teachers to demonstrate and observe teaching of PE lessons.	<p>Each teacher received 45mins a week of sports specialist lead PE lessons.</p> <p>School has access to all KS2 PE schemes of work Teachers were observed and given feedback to aid upskilling and understanding throughout the year</p> <p>Next year- Due to a high staff turnover and a number of members of staff changing year groups we are continuing to develop staff through sports specialist led PE sessions. They will continue to display the content from the PASS schemes of work and conduct further observations to monitor the understanding from teachers.</p>
To work with teaching assistants to improve their understanding and delivery of Physical Education	Improved role of TAs within PE lessons	<p>PASS Ltd specialist has worked alongside TAs in a range of KS1 and KS2 lessons. They have developed their understanding of their roles in PE lessons and ways to differentiate and support in 1 to 1 cases.</p> <p>Next year- PASS will continue to encourage TAs to attend as many PE lessons as possible and will continue to develop their role within the lesson.</p>

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<p>To develop the use of assessment within PE lessons to guide future delivery and track pupil progress</p>	<p>Teachers trained and given opportunity to use assessment criteria and tracking documents with assistance of PE specialist.</p>	<p>All staff have been shown how to effectively use assessment for learning within a PE lesson and on occasions have used the PASS Ltd tracking document.</p> <p>Next year- Introduction and development of tracking system across all year groups</p>
<p>To provide opportunities for staff to attend Training for PE &amp; Sport</p>	<p>Lorraine Abbott has attended 2 CPD opportunities. 4 other members of staff have attended CPD opportunities.</p>	<p>Staff have had opportunities to attend a range of PASS Ltd training days throughout the year and received a 30min whole school training session on feedback from observations.</p> <p>Next year- Increased attendance of staff training days for other members of staff including teaching support.</p> <p>Tuesday 3rd October Gymnastics Twilight - 4.30-6pm @ Palace Wood – Claire G</p> <p>Fri 3rd Nov PASS Whole staff training Day @ Aylesford Sports College – ‘Using the Sports Premium for maximum school impact’ – Sarah, Laura, Kerry. 9.15-3.00pm</p> <p>Tues 23rd Jan 2018 Dance Twilight @ St John’s 4.30-6pm – Hayley TBC</p> <p>Mon 12th March 2018 - PASS Whole day training Summer Sports (Athletics, Striking &amp; Fielding) –</p>

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		<p>Sarah, Laura, PASS staff – Aylesford Community Centre – 9.15 – 3.00</p> <p>Wed 2nd May 2018 OAA Twilight 4.00-5.30 Ditton Infant – Chris</p> <p>Mon 18th June 2018 Invasion Games Twilight - Thurs 21st June Claire B 4.30-5pm Sutton Valence - TBC with Claire &amp; SV</p>
To improve the delivery of dance across all year groups	All staff have observed the delivery of their year group specific dance scheme of work.	<p>Staff have observed a range of sports specialist led dance lessons and been given video copies of the children's final dance performances.</p> <p>Next year Continue to work with PASS Ltd PE specialist and begin teacher observations of dance lessons. Teachers can now use their final performance videos to assist with delivery and assessment.</p>
To improve SOW for all Physical Education activities.	All schemes of work updated ready for 2016/17.	<p>Throughout the year PASS have ensured all schemes of work are up to date and available for teachers on their school shared network.</p> <p>Next year: Update of all schemes of work in Term Schemes of work will also shortly be accessible online (<a href="http://www.passltd.org">www.passltd.org</a>)</p>
To audit/replace/organise PE equipment within the school	All stores of equipment have been organised and replenished with equipment suggested by PE specialist.	Throughout the year PASS and teachers have placed orders for new sport equipment when

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		<p>required. The school currently has suitable equipment for all PASS schemes of work.</p> <p>Next year- Ongoing maintenance and top up of PE equipment as required.</p>
To increase opportunities for children to become involved in extra curricular activity	Timetable of extra curricular activities has been reviewed and updated for 2016	<p>A wide range of extra curricular opportunities have been made available including an increased number of sports competitions. This has enabled us to apply for a Gold Sainsbury's Kitemark award</p> <p>Next year- Continue to increase extra curricular opportunities and attend competitions. (see Kent school games timetable)</p> <p>Term 1 Wed 27th Sept x Country – Manor Park</p> <p>Term 2 Thurs 2nd Nov Volleyball – Aylesford Sports College</p> <p>Term 3 Wed 31st Jan – Skipping Festival - Aylesford Sports College</p> <p>Term 4 Wed 21st March – Korfbal? Or OAA Team games -</p> <p>Term 5 Wed 23rd May Aqua Splash/Cross Fit Venue TBC</p> <p>Term 6 Wed 11th July Sutton Valence School - Athletics</p>

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		<p>We correctly display Sports Premium information on our website</p> <p>Next year- Increase in information about school sport being shared on the school website and notice boards.</p>
To update/share sporting activities with the pupils and school community	Update of school website with details of sports premium spending.	<p>We correctly display Sports Premium information on our website.</p> <p>Increase in information about school sport being shared on the school website and notice boards. Sporting achievements inside and outside of school are celebrated in our weekly Celebration Assemblies and fortnightly Headteacher Newsletters.</p> <p>Next year- Increase in information about school sport being shared on the school website and notice boards.</p>

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**SECTION 3 – PLANNING LUNSFORD PRIMARY SCHOOL PROVISION AND BUDGET FOR THE COMING YEAR**

This plan shows how we intend to spend our Primary PE and Sport Premium funding this academic year, and includes which of the 5 key indicators that priority relates to. The greyed out boxes allow us to re-visit this section later in the year to review and plan next steps.

Academic Year 2017-2018		Total Fund allocated: £18100					
A	B	C	D	E	F	G	H
PE and Sport Premium Key Outcome Indicator	School Focus/planned Impact on pupils	Actions to Achieve	Planned Funding	Actual Funding	Evidence this year	Actual impact following review	Sustainability/ next steps
To employ a PE specialist teacher to work in Years R – 6, working alongside a class teacher.	Specialist teacher will further improve the quality of PE being delivered to children short term and upskill staffs to be more confident and literate in delivering effective PE lessons.	Gold package contract with PASS Ltd. to supply a specialist PE teacher 1 day a week.	£8500	£8500	PASS representative has worked with teachers in all year groups and across all activity areas to demonstrate, observe and assist with delivery of new PE schemes of work (evidence of observation feedback in PE file).		

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To employ a Forest School specialist teacher to work in Years R – 6, working alongside a class teacher.	Specialist teacher will improve the quality of PE and OAA being delivered to children short term and upskill staff to be more confident and literate in delivering effective PE lessons.	Employ an experienced Forest School practitioner	£7332 plus on costs	£7332 plus on costs	Forest School representative has worked with teachers in all year groups areas to demonstrate, observe and assist with delivery of forest school.		
To further increase the number of extra-curricular opportunities for children to become involved in school sport.	To further increase the number of extra-curricular clubs on offer to children and increase the number of children in school attending clubs.  Change for Life club to start in the Summer Term as a before school club run by CD. This will target children who may not have the opportunity to attend after school or outside school clubs via a pupil audit.	Update and review of current extra-curricular provision and use of PE specialist to run addition extra-curricular sports clubs.	£300 – KS1 Football club  £300 Easter and Summer Sports Camps		Increase in participation rates for KS1 and KS2 pupils  Extra curricular timetable has been updated.  Additional football club added on Mondays with approximately 10-15 children attending each week.  Dance Club added to after school club opportunity  KS1 Multi Sports club to start to help increase the number of clubs and opportunities for KS1 pupils to participate in.		



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To further update and improve the PE curriculum map and schemes of work available to teachers	Full update of schemes of work and resources from PASS Ltd. and training given to all staff on the effective delivery of lesson content.	Update curriculum map and schemes of work on school shared drive and timetable staff to work with PASS representative throughout the year.	£0		All teachers are now following PASS Ltd schemes of work from the shared network in line with time of year appropriate curriculum map.		
To provide further opportunities for staff to attend training for PE and sport	Teachers will have opportunities to attend training days for PE activities they feel they need to develop. Support NQT and NQT +1 with developing their knowledge and understanding.	Audit staff which areas of PE they would like additional training in and attempt to get release for these training dates.	£360		PE Leader has attended Sports Collaboration Meetings this academic year.		
To audit, replace and organise PE equipment	Children and staff will have the correct sizes and amounts of equipment to allow for easier organisation and management of equipment during lessons.	To review equipment against new schemes of work to ensure we have all equipment required for lessons.	£850		Multi Sports equipment has been purchased.  Essential PE stock has been replaced		

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To audit replace and organize Forest School equipment	Children and staff will have the correct amounts of equipment to allow for easier organisation and management during lessons.	Audit of equipment at school already to ensure running of forest schools	£1310		Audit equipment that the school already has		
To audit consumables for the running of Forest Schools	Further enhance pupil engagement with forest schools and include resources such as clay, hot drinks, string, willow	Audit of consumables at school to ensure running of forest schools	£500				
Whole school skipping workshop	Increase enthusiasm for physical activity both in lessons and on the playground.	Book date for skipping workshop.	£350		CD to investigate running a workshop in Summer Term 2018 as part of Sports Week		



### **How does Forest School Support the Curriculum?**

Forest school is a child led kinaesthetic learning experience. The Forest School Team at each session set up a range of activities which are linked to either the topic or a skill area that the class teacher has identified as needing work (such as negotiation, listening skills fine motor skills or management of energy levels). At the beginning of the session the activities are outlined and each child explores these activities throughout the session. The child determines the rate, direction, depth and breadth of their learning. Some activities will lead to unset tasks. The children are encouraged to revisit both skills and projects they have completed in previous weeks to see how time and the environment have had an effect on them and also to ensure that their learning is secure. We encourage exploration of the site at forest school and aim to set up many insect viewing areas. When using natural materials we will always talk about its origins and characteristics. We aim that the children gradually learn the name of the plants up at forest school and their uses.



### **Forest school and PE and Sports Premium**

Forest school is fundamentally an active delivery method, it is delivered outdoors on uneven ground in a physically challenging environment. The activities are planned and developed by observation and feedback to ensure maximum engagement of each child. The environment is designed to support physical activity including a climbing tree, balance beam and seesaw and resources and tools are available to change and develop the environment to make it more physically challenging.

Sessions include games which not only develop core physical skills but also those of observation, marking, defence and strategy.

Outlined below are some of the ways which Forest School specifically meets the PE Curriculum for KS1 and 2

- Development of core skills:
- Balance and agility: The site has a climbing tree, see saw, balance beam, digging hole and uneven ground these all develop balance and agility skills
- Coordination: The use of tools and building projects help develop co-ordination skills.
- Team games: we offer a wide range of team games including strategic games such as claim the flag and sticky mole which help develop tactics and support development of marking and defence.
- Running, jumping, throwing and catching: forest school offers games and activities which support all of these core skills
- Forest school session offer cooperative physical activities in a range of challenging environments, for example den building, egg races, bridge building, making swings.
- Outdoor and adventurous activity challenges: at forest school, we work with tools and fire which not only offers the opportunity to take part in outdoor and adventurous activity challenges but also equips each child with risk assessment skills.
- Comparing performances: children revisit previous challenges and activities at forest school which allows them to compare and improve their performance.
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### **Measurable outcomes:**

#### **The following outcomes can be monitored**

- Increased physical activity whilst at the session compared to a normal school day
- Increased access to a broad range of physical activity offered for example digging, climbing, balancing, coordination activities.
- Increased participation in team games
- Increased participation in outdoor and adventurous activity both in and out of school



- Increased ability to compare performance in an activity and improve in a variety of environments
- Individual physical development goals

**Soft outcomes:**

These have been observed

- Increased levels of confidence both physically and mentally
  - Increased willingness to have a go at something new
  - Better mental health
  - Increased willingness to be active
  - Transferring skills and activities from the forest to the playground and home environments
  - Increased ability to risk assess to ensure safe involvement in Physical activity.
  - Pupil becoming increasingly more confident and competent in core Physical skills.

*Case studies and parental feedback will be made available to demonstrate the impact of Forest School on physical activity and development of healthy, active lifestyles amongst the pupils at Lunsford.*

**Supporting research:**

Lovell R, states in her 2009 research (An evaluation of physical activity at Forest School) *“Forest School is a valuable source of school based physical activity insofar as the children engaged in significantly higher levels of physical activity than they did during typical school days. Furthermore, despite significant differences in the levels of physical activity between the genders on both the two control day types, there was no significant difference on the Forest School days.”*

These Forest School studies (Slade et al, 2013; Roe and Aspinall, 2011; O’Brian and Murray, 2007), all concluded that when exploring comparisons between Forest School sessions and PE lessons, children agreed that Forest School sessions were more active, the environment was very different, they had more freedom and had the opportunity to express their creativity in Forest School sessions when compared to their PE lessons.

- Austin, Knowles and Sayer 2013 research: Investigating the effectiveness of Forest School sessions on children’s physical activity levels concludes *“Forest School sessions are a successful intervention in increasing children’s physical activity levels. Increased physical activity levels and utilisation of the natural environment is also extended to wider family members, meaning less engagement in sedentary behaviour.*

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## *2017-2018*



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Completed by (name and school position):

Lorraine Abbott (PE Leader) and Chris Dickinson (PASS Coach)

Date: 16/10/2017

Review Date: 01/07/2018

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