



Please note, Panda Class will be covering last year's Zones curriculum, which will be sent out separately.

Term 6 2025:

Celebrating My Use of Tools

We have now been developing our whole school use of Zones of Regulation over the last two academic years. As we draw to the end of our Zones of Regulation curriculum, which we will continue to embed next year, we will use this term to get the children to reflect and celebrate which tools they are choosing to use and how this makes them feel.

Something to try at home:

You will find all of our Zones of Regulation newsletters and information on the school website:

[Mental Health and Wellbeing | Lunsford Primary School](#)

Scroll down to the Zones of Regulation section of this page. Here you will find all the suggested home activities and resources, which you can revisit with your child to reflect with them which are helping them at home and at school.