



Healthy School



## Lunsford Primary School

04 September 2020

Dear Parents/ carers,

As the new school year returns we will be starting up our Forest Schools programme.

Please see below the dates for each class, these are also available on the diary section of the School Website.

September	Class	October	Class	November	Class	December	Class
8	Zebra	6	Tiger	3	Zebra	1	Tiger
9	Tiger	7	Koala	4	Tiger	2	Koala
15	Koala	13	Lion	10	Koala	8	Lion
16	Lion	14	Giraffe	11	Lion	9	Giraffe
22	Giraffe	20	Elephant	17	Giraffe	15	Elephant
23	Elephant	21	Panda	18	Elephant	16	Panda
29	Panda			24	Panda		
30	Zebra			25	Zebra		

In the next two terms the forest starts to bloom and we can use its fruits to make things to eat and drink. We only use easily identifiable ingredients such as blackberry, nettle, sticky weed and hawthorn (this is not an inclusive list) to make juices, fritters and pesto.

If you have any concerns about your child taking part in wild and foraged food activities please let us know. We will obviously only do this in a COVID secure way. The children will be able to use the tools as usual and these will be cleaned between sessions.

The weather is likely to be getting colder, so here is a reminder of the winter clothing kit. It is muddy at forest school so old/outdoor play clothes are suggested. Please send your child to school on the day in their forest school kit, which they will wear all day. If your child doesn't come in to school in their forest school kit they will be taken up in either their PE kit or school uniform whichever is more appropriate to the weather. (Please do not send them in football strips as they aren't suitable as they do not provide adequate warmth).

Cont.

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## Suggested Kit:-

Towel, spare pair of pants and socks (all in a named plastic bag)  
Vest or t-shirt or skins top  
Long sleeve top  
Trousers, tights, sports skins, long johns or leggings for underneath  
Fleece/Jumper  
Warm waterproof coat or warm coat and waterproof coat over the top of weatherproof trousers/  
Salapets (or a waterproof all in one)  
Wellies or boots  
Hat  
Gloves  
Scarf: snood/cowl/neck warmer

Thank you.

Kind regards

Mr G Anscombe

Headteacher

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