



KEY CONTACTS



During the Easter Holidays:

Mr Anscombe, Mrs Lomax and Mrs Davies will be checking emails at contact@lunsford.kent.sch.uk regularly and will try to get back to you within 24 hours (Mon - Fri).

- You can email Mr Anscombe, Mrs Lomax and Mrs Davies if you have any concerns or a change in your circumstances that we need to know about.
- You can leave a message on the school phone but this will not be checked until after the holidays.
- Safeguarding/child protection concerns should be emailed directly to **Mr Anscombe** (headteacher@lunsford.kent.sch.uk), **Mrs Lomax** (elomax@lunsford.kent.sch.uk) or **Mrs Davies** (senco@lunsford.kent.sch.uk).
- If you have any **immediate safeguarding concerns**, please contact Kent Front Door (emergency out of hours) on 03000 41 91 91. If you think someone is in immediate danger, the best thing to do is call 999 for the emergency services.

Some guidance on supporting your mental health and that of your children:

[Coronavirus and your wellbeing](#) – Mind.org

[Supporting young people's mental health during this period](#) – Anna Freud Centre

<https://www.coramlifeeducation.org.uk/harolds-daily-diary> - Harold's daily blog

Here are some links sourced by Mrs Davies to help us deal with this new situation we now find ourselves living in.

<https://www.thetherapistparent.com/post/homeschooling-resilience>

Home schooling resilience – ideas and suggestions to help children cope with home schooling, e.g. having goals and schedules

<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?t=1584951931651>

Just For Kids: A Comic Exploring The New Coronavirus