



Lunsford Primary School

8th September 2020

50 things to do before you leave Lunsford Primary School

Dear Parents/ Carers

This year we would like to introduce a new initiative called '50 things to do before you leave Lunsford Primary School'. The idea behind this is to promote your child's positive outdoor experiences, physical and mental health as well as their learning.

In 2012 a report by the National Trust entitled 'Natural Childhood' highlighted how today's children are losing touch with the natural world and the long-term effect this can have on a child's education and health. It found that fewer than 1 in 10 children play regularly in wild places and that time spent playing in parks, woods, and fields has reduced dramatically due to digital technology, lack of time and green spaces and also parental fears.

In February 2016, a two-year study funded by the government found 1 in 9 children in England have not set foot in a park, forest, beach or any other natural environment for at least 12 months.

Being outdoors allows children to experience the wonders of nature and gives them the chance to explore, face challenges and learn from them. Here they develop their whole self in a multitude of ways supporting our school vision, 'Education is for life not just the classroom.'

'Young children who learn and play outside get direct experience of weather and the seasons and wildlife – things that are only possible outdoors – and they get to assess risks, solve problems and develop creativity.'

Wildfowl and Wetlands trust

'Being indoors can never provide the lasting memories, emotional connections, sense of reward from challenges overcome or imaginations fired up through being outdoors.'

National Trust 2012

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To encourage children to get outside and avoid losing touch with many classic experiences, we would like to put together a list of '50 things to do before you leave primary school' similar to the '50 things to do before you're 11¾' that has been produced by the National Trust (see below).



We would like a contribution towards this list from yourselves and your child/ children so that it is completely unique and personal to children attending Lunsford Primary School. However, you can of course take ideas from the National Trust version.

Please email your ideas and suggestions to senco@lunsford.kent.sch.uk by Friday 2nd October.

Many thanks in advance for you support.

Mrs S Davies
SENCO